

# INSTRUCTIONS



CENTRE FOR GASTROENTEROLOGY  
AND HEPATOLOGY

DR A.G. JEETOO HOSPITAL

COLONOSCOPY  
PM

DATE:

Name:

Indication:



## Day before Procedure

Noon: Lunch (Soup Only)



6 pm: Dinner (Soup only)

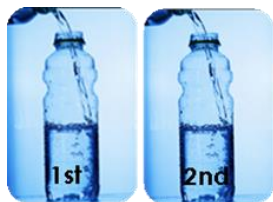


## Day of Procedure

### DOs

Add cool/normal water up to the bottle neck and mix well.

Drink 1<sup>st</sup> bottle at 4 am. Drink 2<sup>nd</sup> bottle at 5 am.



Bring your ID



Accompanied  
by relative



Wear Loose  
clothes



Bring a hand towel  
and 1 bottle of water

### DON'Ts



Do **NOT** take anti-diabetic drugs  
Ask staff for other medications



No driving for 24h



Do **NOT** wear tight clothes



203 1001 (Ext 1421)  
5500 9041 (Hotline)



[gastrohepmauriti.us.com](http://gastrohepmauriti.us.com)



[info@gastrohepmauriti.us.com](mailto:info@gastrohepmauriti.us.com)