

INSTRUCTIONS



CENTRE FOR GASTROENTEROLOGY
AND HEPATOLOGY

DR A.G. JEETOO HOSPITAL

COLONOSCOPY
AM

DATE:

Name:

Indication:



Day before Procedure

Noon: Lunch (Soup Only)



From 6 pm to 7 pm
Add cool/ normal
water up to the bottle
neck and mix well.
Drink 1st Bottle



1st

6 pm: Dinner (Soup only)



DOs

Between 4 am and 5 am

Add cool/normal
water up to the
bottle neck and
mix well.

Drink 2nd Bottle.



2nd



Bring your ID



Accompanied
by relative



Wear Loose
clothes



Bring a hand towel
and 1 bottle of water

DON'Ts



Do **NOT** take anti-diabetic drugs
Ask staff for all medications



No driving for 24h



Do **NOT** wear tight clothes



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