

INSTRUCTIONS



CENTRE FOR GASTROENTEROLOGY
AND HEPATOLOGY

DR A.G. JEETOO HOSPITAL

COLONOSCOPY
PM

DATE:

Name:

Indication:

Fortrans Collection Date:



Day before Procedure

Noon: Lunch (Soup Only)



From Noon to 6 pm: 2 sachets to be taken.



Dissolve each sachet in 1 L water

6 pm: Dinner (Soup only)



Day of Procedure

DOs

Dissolve 3rd sachet in 1 L water



From 6 am to 9.30 am: 1 sachet to be taken



Bring your ID



Accompanied by relative



Wear Loose clothes



Bring a hand towel and 1 bottle of water

DON'Ts



Do **NOT** take anti-diabetic drugs
Ask staff for other medications



No driving for 24h



Do **NOT** wear tight clothes



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