

INSTRUCTIONS



CENTRE FOR GASTROENTEROLOGY
AND HEPATOLOGY

DR A.G. JEETOO HOSPITAL

COLONOSCOPY
AM

DATE:

Name:

Indication:

Fortrans Collection Date:



Day before Procedure

Noon: Lunch (Soup Only)



From Noon to 6 pm: 2 sachets
to be taken.



Dissolve each sachet in 1 L water

6 pm: Dinner (Soup only)



Day of Procedure

DOs

Dissolve 3rd sachet in 1 L water.



From 4 am to 6 am: 1 sachet to
be taken



Bring your ID



Accompanied
by relative



Wear Loose
clothes



Bring a hand towel
and 1 bottle of water

DON'Ts



Do **NOT** take anti-diabetic drugs
Ask staff for other medications




No driving for 24h



Do **NOT** wear tight clothes

203 1001 (Ext 1421)
5500 9041 (Hotline)

 gastrohepmauritus.com

 info@gastrohepmauritus.com